

Water Dowsing... the modern era

Traditionally, water dowsing with L-Rods (or a Y-Rod) means walking through a stretch of land in search of an underground stream. Applications include the ancient art of geomancy (searching for Earth energies resulting from underground stream activity) and locating a drinkable water source. Those in need of finding water for well-digging or similar purposes would call upon an experienced dowser to locate water sources on their property.

Today, however, we have ample water sources available to us. In fact, there are so many different water sources—natural, harvested & bottled, and piped-in—that it may be unclear which are pure and which may actually be a health risk if ingested. There are numerous claims about bottled water brands as well as tap water filtration systems. In today’s workshop, let’s use our dowsing skills to take measurements of some water samples.



Spend time taking measurements from each sample. Take notes of any significant observations & differences:

- 1) Measure the Life Force Energy of each water sample. Begin close to the sample and walk backwards until your L-Rods produce a response to indicate the edge of the water’s energy field. *Is it large? Small? Why would some samples differ from others?*
- 2) Measure the pH level of each sample. Use a dowsing chart to help this process. *Is it neutral? Acidic? Why might this be the case?*
- 3) Compare your measurements with a partner. *Are some results similar or different?*

After everyone has had a chance to take a baseline measurement of each sample, try these:

- a) Place a geometric shape (printout or drawing) under the sample cup. Now measure the Life Force Energy of the water sample. *Has anything changed? Why or why not?*
- b) Standing next to the sample, place a hand on the cup and add an intention of health and vitality into the water sample. Now measure the Life Force Energy of the water sample. *Has it changed? How?*
- c) Standing some distance from the sample, say out loud “Bless this water” (or a similar blessing). Now measure the Life Force Energy of the water sample. See what happens if you repeat the blessing again or multiple times. *Notice any shifts or changes in the readings you get from the sample. Why might this be?*

After completing these exercises, rejoin the entire workshop group and complete the following:

- ☞ For each sample, take note of the pH level reading you received from your dowsing chart.
- ☞ One sample at a time, check the pH level reading using the litmus testing strips. Allow some time for the result to appear.
- ☞ After administering the litmus test, discuss the results. *Are there any surprises? What might cause these differences? Did anything read as acidic? Why might this be the case?*
- ☞ One sample at a time, add a small amount of mineral salts. Re-administer the litmus test. *Does anything change? Try dowsing for Life Force Energy—has it shifted from previous readings?*
- ☞ Reveal the source/brand of each sample. 😊



What inferences and conclusions can you draw from the results of these exercises? Did anything surprise you? Discuss as a group.